



## Strep Throat

Strep throat is an infection caused by a bacteria called Group A Streptococcus. It can occur at any age but is most common in school aged children. Symptoms typically start between 1 to 5 days after exposure.

Sometimes people with strep can develop a red rash that feels like sandpaper. This is called "scarlet fever".

### **Symptoms:**

- Fever
- Sore throat
- Tender and swollen neck glands

### **Treatment:**

- Antibiotics

Treatment is important to prevent serious complications, which can include rheumatic fever or kidney disease. Both can be life threatening.

Please have your child stay home until they have had antibiotics in their system for 24 hours and have been fever free for 24 hours. 48 hours after starting the antibiotics, change the child's toothbrush to prevent a re-infection.