



Duct Tape and Warts

Cover the wart for 6-7 solid days with duct tape. If it falls off sooner, replace it. When the week is up, buff the wart with an emery board. Repeat the process until the wart is gone or up to 2 months.

IMPORTANT: The emery board that is used to buff the wart should be kept only for the warts. Warts are a viral infection and can be spread to uninfected skin.

The virus is never really killed by the duct tape, salicylic acid or nitric acid. Instead, we are irritating the skin and encouraging the body's own response to fight the viral skin infection.

This painless procedure works well and can eliminate repeated unpleasant visits. If the wart is stubborn, we can try other, more irritating methods in the office.